



CBGBOA NEWSLETTER

The Official Publication of the
Chesapeake Bay
Grand Banks Owners' Association

July 2008

President's Message:

Bill Hohwiesner

Isn't Summer On the Water Great!

I hope that summer finds your boat finally functioning well, new projects nearly complete (well almost), a well stocked pantry of great, flavorful junk food (unless you have been forced to eat healthy ☺), and a few great weekends on the water behind you. Patty and I have enjoyed several beautiful outings, they came, luckily, between downpours, and I have my secret stash of junk food. So it's been another wonderful Spring. But! Where has all of this rain come from?

Your CBGBOA has planned some great outings each month for the remainder of the season that you should check out - no, I mis-speak - you should just come out and join us all! Check our website for details, and then plan to join us as we have some great events to help you enjoy your boat and to see better the beauty of the Chesapeake. We encourage you, old and new members alike, to join us for the weekend mini-cruises and for the Fall Rendezvous. If you have any questions about where the group will anchor, what to bring (food, drink, clothes), when to get together, or about anything else please, call or e-mail me or Geoff Holmes (Cruise Director). Both our phone and e-mail info are in the CBGBOA Directory.



Cruisers aboard Revenir II at the Rhode River

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The picture at the left is from our second mini-cruise (a make-up cruise) to the Rhode River on July 12 & 13. Eight boats and sixteen crew enjoyed the beautiful weather, some good swimming, great food, and good friendships.

Our first big cruise this year was a joint event with MTOA (Marine Trawlers Owners Assn) June 13-15 at the Wye Island Natural Resources Park on Granary Creek. As you can see from the pictures on the following page, the cruisers had a wonderful time. Thirty couples attended aboard a total of 28 boats. It all started Friday evening with cocktails and dinner, and concluded with breakfast on Sunday morning. Highlights of the evenings included a talk given by the park ranger on the Wye River and the history of Wye Island, and sing-along with Pete Colkett and his guitar.

Carolyn Bowden and Carol Williamson (*Lilly-pad*) summed up their enjoyment of their first CBGBOA cruise as follows:

"We just wanted to write and tell you that we have finally gotten to our "first"



Geoff & Pepper Holmes and Dottie & Bill Bogutski (of MTOA) Organized a Great Party



Jim & Mary Walker converse with a new MTOA acquaintance



Laugh! I thought I'd die.



Sam, Jim, and Gene discuss Bourbon, fuel prices, and prop rotation

CBGBOA Rendezvous - and we had a GRAND time! Pepper and Geoff Holmes were extraordinary "hosts" and attended to absolutely every detail. It was beautifully organized and carried off as if it were a weekly routine event. We met wonderful new friends and enjoyed delicious food. Geoff's wood fire was a big hit! (not to mention lots of work on his part). The timing and pacing of everything was perfect.

We were impressed with the care and welcoming that Pepper and Geoff extended to each boat as it entered the creek. They checked on all of us throughout the weekend to see if we needed anything or just for general feedback. We are, needless to say, happy to be a part of this really fine group."

As we become more familiar and comfortable with these large boats that we pilot, we occasionally forget that they can throw a sizeable wake. And that wake is not friendly. It can cause damage, and it can hurt. While our primary purpose as an organization is to help foster enjoyment of our boats, a July 2008

secondary one is to help build boating skills and to foster an awareness of the boating etiquette that helps us all get along better. Please be aware of the wake you throw, and control your speed and wake when in confined places or while passing near others.

Volunteers Needed! Your association has need of volunteers to help continue the activities we've enjoyed the past years. Specifically we need volunteers for these following positions:

- President
- Cruise Director
- Newsletter Director

The term for the current President ends this October. Additionally, we need someone to organize the mini-cruises that we have each month throughout the summer. The Newsletter needs an editor if we're going to continue to have a newsletter. And none of these jobs are daunting. Over the past few years, we've learned how to break these jobs into manageable bites, and there are many active mem-

bers that currently support all of these positions. So, whoever volunteers for one of the positions above has a host of willing supporters to turn to for help. If you are interested, or just have more questions, just phone or e-mail any of the current officers (Bill Hohwiesner, Bruce Krause, Sam Nicholson, and Rocky Lowe) and we'll help you to find a role with which you're comfortable. The rewards are significant: the good feeling that comes from helping folks enjoy their boats more, and the great friendships that you develop working with the other Officers, Directors, and members.

Contributors to this edition of your newsletter include Sam Nicholson, Sharon Nicholson, Peter Featherstone, Charlotte Featherstone, Geoff Holmes, Pepper Holmes, Rocky Lowe, and Patty Hohwiesner. Your help is very much appreciated.

Upcoming Events:

Four 2008 upcoming events are noteworthy:

- 1) **"Kids Cruise" to Eagles Nest - July 18-20** - Gather up your kids (and maybe a few neighbor kids) and join us at the Eagles Nest Anchorage by Gibson Island in the Magothy River for our first annual **"Kids Cruise."** We're planning lots of games as well as kayak races, swimming, a scavenger hunt, and a few other diversions. Christine and Chet Langemak are coordinating.
- 2) **Cruise to MEBA Large Ship Simulator – Aug 8-10** just off the Miles River. See accompanying article.
- 3) **Chestertown Cruise – Sept 6-7** up the Chester River. Anchor nearby & visit historic Chestertown.
- 4) **Fall Rendezvous – Oct 2-5** at the Tides Inn & Lodge off of the Rappahannock. See accompanying article.

Membership News:

Charlotte Featherstone

We now have nine new boating families that have joined in 2008. Our total membership consists of 97 boating families, of which 83 are local to the Chesapeake Bay. Our membership year goes from January through December, and dues of \$25 per year were due by May 1. Please send us a check if you've not yet done so.

A complete list of all members can be found on our CBGBOA website cbgboa.org at the menu tab: "Member Directory". If you check your own listing

and find any element you want changed) phone number, e-mail address, boat information), just e-mail me (membership@cbgboa.org) and we'll fix it.

Recent additions to the association in 2008 include:

- **Thom & Jean Chase**, Sarasota, FL
- **Lamon & Judith Stewart**, Annapolis, MD
- **Jean William Cureton & Karen M. Smith**, Garnet Valley, PA
- **Clyde Lee & Diane Willis**, Indianapolis, IN
- **Brad & Liz Worsham**, Oakton, VA
- **Charles & Andrea Glenn**, Annapolis, MD
- **Gerald Reine**, Rockville, MD
- **Sandy & Jacque Kemp**, Helendale, CA

We've included a short biography of our new members (and photos) on our website. Click the menu tab "About Our New Members". If you haven't provided a bio and a photo of you and/or your boat, please send it to us (to membership@cbgboa.org), and we'll add it to the web page

Information and Observations:

Check the Props!

By Sam Nicholson

We all assume that when we push the gear shift forward, the boat goes forward, and when we pull the gear shift back, the boat goes in reverse. We're so sure of this that we never question it.

But what happens when your propellers are installed incorrectly with the starboard prop on the port shaft and vice versa? Well, an underway can quickly become exciting because when you want to go forward you end up going astern, and when you want to go astern, you end up going forward. This is what an incorrect prop installation looks like. You'll learn why momentarily.



Imagine our surprise when this reversal occurred on *Dr. Nick's* first underway this spring. While luckily no one was injured and the minor damage to the boat was limited to the swim platform, it's not a situation that should be taken lightly. As with all work on your boat, personal follow-up is the best defense against surprises.

First, while the outer diameter of the shaft and the inner diameter of the props are tapered to prevent the prop from being installed backwards, there is no similar mechanical interlock that precludes what happened in the subject case. The props are not keyed to their correct shaft. So it takes a visual inspection to check for this problem. According to Ralph Beatty of Digital Props, many props (and most GB props) have the size and the side stamped on the hub. For our 27" props, you should find either 27RH27 or 27R27 for the prop that installs on the starboard engine.

As you can see from the photo below the correct installation is obvious if you remember that the starboard shaft turns clockwise and the port turns counter clockwise. (That's the setup on the *Dr. Nick* July 2008

and I hear that it is the common setup. You should check on your boat's installation.) Other more definitive solutions could include writing "port" or "starboard" on the appropriate prop, or painting them red or green as appropriate.



In my case, my time at the boat during her spring out haul was limited, and I didn't think to check this installation. In the future, that will be corrected.

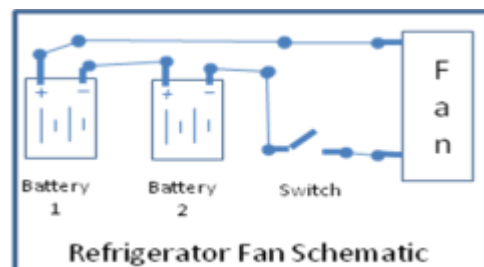
Getting the Beer Colder, Faster

By Bill Hohwiesner

I expect that we've all been frustrated by the extensive time required by our refrigerators to cool down the food we've just stuffed into it, as we unload and prepare to go out for the weekend. Like me, I'll bet you've looked at the cold plate to verify that it was cold and that frost was accumulating. So why does it take so long for the food to get cold? The simple answer is that the air inside does not move very fast, and it is the moving air that is the primary way for the heat to transfer from the warm food to the cold plate. If you want to cool faster, you need to move the air around inside faster. In short, you need a fan inside.

So here's a quick and easy – and cheap – way to add a cooling fan to any refrigerator or freezer.

I bought a cheap computer cooling fan (~ \$6), two lantern batteries (~ \$12), and a switch (~ \$1). The fan support was a dead calculator. I found



some wire, connected it to the battery and fan contacts, duct-taped it up to hold and insulate the wire, and added the off/on switch to the line. That's it!



Now I can place my new beer fan into the refrigerator, turn on the switch, point the fan air toward the cold plate, and know that the air will circulate and cool the burgers and beer much faster than before.

August Cruise, MEBA Facility By Geoff Holmes



CBGBOA has obtained permission from The Calhoon MEBA Engineering School, a private maritime education facility for all maritime and related industry professionals, to tour their facility on **Saturday, August 9, 2008**. Included in this tour will be the opportunity to see the ship-handling simulator in action. This training tool enables students to experience various scenarios including a variety of vessel types: tanker, containership, freighter, or LNG. Underway scenarios may include maneuvering in congested waters with high-density traffic, maneuvering under pilot age, docking/undocking, and ship handling in heavy weather.

The plans are to anchor in Hunter Creek ON Friday evening, August 8, and have an informal cocktail party on Rosetta (BYOB drinks, "Rosey"

will provide some nibbles) and return to your boat for dinner.

Saturday, take a short dinghy ride across the Miles River, to the MEBA dock and enjoy a picnic lunch in their shady grove (bring your own picnic). For comfort, if you don't want to sit on your blanket for lunch, bring a folding chair. The tour of the school will begin at 2 pm followed by a visit to the MEBA Memorial. Then back to our boats for shared dinners, if attendees are interested (2 couples/boat). Depart Sunday at your leisure.

MEBA has requested, due to space, we limit our visit to 15 boats and crew. The facility is located on the south side of the Miles River about 1 mile beyond Newcomb.

Please sign up on the CBGBOA website (cbgboa.org) by July 31st. We will communicate last minute plans to those registered.

Why a Vessel Safety Check (VSC) By Pepper Holmes



A vessel safety check is a bow-to-stern inspection of your boat usually performed by a qualified member of the Coast Guard Auxiliary or United States Power Squadron. The purpose of the check is to alert you of potential problems that might put you in violation of, state or federal laws, or create danger for you or your passengers while on the water. A typical examination will take about 20 minutes at which time about 15 state and federal regulations will be covered as well as recommendations made for your vessel. After successfully completing the examination, a VSC decal is issued.

While displaying a current VSC decal on your boat won't necessarily preclude boardings by law enforcement authorities, it can give you the confidence that the encounters are as positive as possible. (While traveling home this year, a boating friend was hailed by the Coast Guard for a boarding. The captain acknowledged but suggested the Coast Guard boat come along side to see their 2008 decal

displayed proudly in their port window, the Coast Guard thanked them, and did not board.)

Items most frequently failed are:

- Boats 39.4 feet and over must have, on board, a current copy of Navigation rules
- Operating navigation and anchor lights
- Current visual distress signals
- Written trash disposal plan
- Unique local and state regulations

For a complete list of items checked, you may wish to go online to uscboating.org.

If you need another reason to request a vessel safety check, how about the fact that a large number of insurance providers offer discounts for boats that successfully pass the inspection.

For those members that enjoy a kayak and/or canoe, you may be surprised to find there are vessel safety checks for non-motorized boats. Although a number of requirements are unique to each state, such as; numbering and registration, you will find local requirements as well. While in Vero Beach, we were surprised to find the white all around light mounted on the engine of our dinghy needed to be enhanced by red and green navigational lights. The PFD, sound and visual distress signals requirement is the same for sport utility boats as for powered vessels. A valuable list of additional items recommended for all sport utility boats is also available on line (see above).

So, if your vessel is not displaying a red 2008 decal, you may want to sign up for an inspection as soon as possible. Check that your flares and fire extinguishers are not out of date, your first aid kit is adequate (check the expiration date of the products), bilge is clean. No citations or penalties are issued if you don't pass an inspection and this may be one of the best ways to become aware of a potential problem.

There is value in seeing your boat through someone else's eyes.

CBGBOA Fall Rendezvous **By Rocky Lowe & Patty Hohwiesner**

The **CBGBOA Fall Rendezvous** will be held from **October 2 – 5 at the Tides Inn** on Carters

Creek off of the Rappahannock River. The following is a brief overview of the rendezvous. More information can be found on our website.

Thursday, October 2

- Boats will dock at the Lodge Marina, Tides Inn
- Welcome Cocktail Party beginning about 5 pm (drinks provided; boaters bring an hors-d'oeuvre)

Friday, October 3

- Breakfast gathering
- Excursions into towns (sightseeing & shopping!)
- Golf
- Miniature golf
- Kayaking
- Wine and Cheese Party beginning about 5 pm (We provide the drinks, boaters bring a labeled cheese to taste/share)

Saturday, October 4

- Business meeting
 - Election of Officers
 - Other Association business
 - Talks by Grand Banks and Jarrett Bay Reps
- Wine Tasting trip to White Fences Vineyard and Winery); We will have a tour of the winery and then taste samplings under a tent in the vineyard.
- Banquet
 - Featured speaker is Joe Sarnowski describing his experience buying/designing a new boat

Sunday, October 5

- Wrap up
- Good bye!

The cost of the rendezvous is \$120 per person (less than last year), and this covers the drinks at the Welcome Cocktail Party, Friday Breakfast, Wine Tasting, the Banquet, and a small portion of your slip fee. Please fill out the form included at the end

of this newsletter (or download it from our website) and return it with your check to:

CBGBOA
Attn S. Nicholson
PO Box 265
Mt. Vernon, VA 22121

FROM MY BOAT TO YOURS:

Galley Talk

By Patty Hohwiesner



I have been collecting recipes for easy Make-Ahead Meals for the boat and here are a couple of my favorites. If you have some favorites that you would like to share, please e-mail them to me and I will put them in our next newsletter.

I Steak Fajitas



1) Freeze It

1 pound flank steak, thinly sliced against the grain
1 onion, thinly sliced
2 red bell peppers, seeded and thinly sliced
1 jalapeno, seeded (if desired) and thinly sliced
1 t chili powder
1 t hot sauce
Kosher salt
4 1-quart resealable plastic freezer bags

In a large bowl, combine the steak, onion, bell peppers, jalapeno, chili powder hot sauce, ¼ t salt. Divide evenly among 4 bags. Freeze until ready to cook, up to 3 months.

2) Cook It

4 bags frozen fajita mixture
4 t olive oil
8 8-inch flour tortillas, warmed
Store-bought refrigerated fresh salsa (optional)
Sour cream (optional)

In a large skillet, over medium heat, heat the oil (use 1 t per serving). Empty the frozen contents of the bags into the skillet (use 1 bag per serving). Cook, cover, stirring occasionally to break up ingredients, for 10 minutes. Raise the heat to medium-high and cook, uncovered, until the vegetable are tender and the steak is cooked through, 2 to 6 minutes. Serve with the tortillas and the salsa and sour cream, if desired.

II Easy Teriyaki Chicken



1) Freeze It

1 chicken, cut up (or equivalent amount of chicken pieces of your choice)
1 cup soy sauce
1/4 cup water
1 tsp garlic salt
1/4 cup brown sugar
1/4 cup white wine or apple juice
1/2 tsp dried ginger

Place chicken into a freezer bag. In a small bowl, combine remaining ingredients and add to bag. Remove air from bag, seal and freeze.

2) Cook It

On cooking day, defrost in refrigerator. Preheat oven at 425 and bake chicken for 30 minutes (may take longer depending on chicken piece choices). Or grill on a barbeque until chicken is no longer pink.

III Stuffed Peppers



Stuffed peppers can be used as a meal with a side dish or as a side dish.

1) Freeze It

2 tbsp butter
1/4 lb Canadian bacon, chopped
3 large tomatoes, blanched, peeled and chopped
1 garlic glove, crushed
1/4 tsp dried marjoram
1/2 tsp dried oregano
3 cups cooked rice
salt
pepper
4 large green peppers
1/2 cup cheddar cheese, grated

In skillet melt butter and fry Canadian bacon until brown. In large mixing bowl, add bacon, tomatoes, garlic, marjoram, oregano, garlic, rice, salt and pepper, mixing well.

Wash and slice peppers in half, removing stem and seeds. Blanch for 3 minutes in boiling water. Drain. In small containers (or create your own with foil) place pepper halves. Stuff peppers with rice mixture. Top with grated cheese. Cool, package and freeze.

2) Cook It

Bake in 425F preheated oven for one hour. Uncover peppers and bake for another 20 minutes.

Women at the Helm:

By Patty Hohwiesner

Women's Boating Survey Sheds Light on Boating Skills, Education by Boat U.S.

The article below was taken from the January 10, 2007 issue of Boat US Magazine.

An online survey of over 400 women showed the following results:

- 67% of women said they had taken some type of formal classroom boating training and 73% had some hands-on instructions
- 80% said more hands-on learning opportunities are needed for women
- 3 times as many women found a women-only course, seminar or training "effective" as those who didn't (33% to 11% respectively).
- There is no doubt that women boaters prefer to learn in an environment that doesn't have the pressure associated with co-ed instruction. They want to learn more in relaxed settings, perhaps away from a well-meaning spouse.
- The topics that female respondents said they want instructions in boat systems such as engines or electrical (71%); navigation (62%) and upgrading boat-handling skill (52%).

Not too surprising results! =-)

If you have taken a women's boating class and would recommend it, please e-mail me at patty@cbgboa.org. Your recommendations will be posted on the CBGBOA website.

Book Nook:

By Sharon Nicholson



After all the guest have left the boat, after the dishes are done what could be better than a glass of wine, a piece of chocolate and a great book? Here are a few, recommended for everyone to enjoy.

Eat, Pray, Love by Elizabeth Gilbert

After a very difficult divorce, Elizabeth Gilbert was left adrift both spiritually and emotionally. So at age 31 she decided to take one year in search of happiness and self fulfillment. Because she was a writer and a Yoga enthusiast she was able to find funding for a future book from her publisher. Eat, Pray, Love is the story of that year. Her adventures in Italy, India and Bali are incredibly varied. This is a delightful journey and what fun to be able to tag along.

The Girl of His Dreams by Donna Leon

Detective Commissario Guido Brunetti is the hero the of Donna Leon's novels. In this particular book a 12 year old girl is brutally murdered and it is up to the hero, Commissario Brunetti to solve the case. But Leon's books are far more than the stuff of mysteries. She weaves into each tale a sense of Venice so real one can truly imagine being there. Not only does she cast a spell of time and place but she also manages to intrigue the reader with the politics of family and work in modern day Venice. Once begun, this book can't be put down.

Acts of Faith by Philip Caputo

In 2005, long before Sudan came into public consciousness, Philip Caputo wrote a novel set in Kenya and Southern Sudan. This is an adventure packed with grave seriousness and ends with more questions unanswered than answered. But after reading this book the reader will better understand the sorrow and complications of modern day Africa, as well as the beauty and mystique of the people and the land. This is a haunting and very educational novel. Oddly enough it is also a very enjoyable read.

24th Annual Rendezvous

Chesapeake Grand Banks Owners' Association

Registration Form

October 2-5, 2008

**Tides Inn & Lodge
On Carters Creek off of the Rappahannock River**

Name: _____

Address _____

City & State _____ Zip _____ Phone _____

E-Mail _____

Number of adults attending _____

Names of Attendees

1. _____
2. _____
3. _____
4. _____

Please provide your boat information:

Boat Name: _____ Model: _____ (e.g.: GB42)

Length: _____ Beam: _____ Draft: _____

HIN Number: _____ Hull#: _____

Amperage requirement: _____ 30 _____ 50

Expected Arrival Date: _____ Expected Departure date: _____

Costs:

Rendezvous: **\$120 per adult x number of adults attending:** \$ _____

You Get: Thursday Night Cocktail Party, Friday breakfast,
Friday Wine & Cheese Party, Wine tour & tasting,
help with slip fees, and the Saturday night Banquet

Please mail completed form and check (no later than Sept 1) to:



**CBGBOA
Attn S. Nicholson
PO Box 265
Mt. Vernon, VA 22121**